

Janata Shikshan Mandal's

Smt. Indirabai G. Kulkarni Arts College, J. B. Sawant Science College and
Sau. Janakibai D. Kunte Commerce College, Alibag – Raigad.


ART OF LIVING PROGRAM TO SUPPORT FIGHT AGAINST PANDEMIC

Date: - 02/09/2021

National Service Scheme (N.S.S.) Unit of J.S.M. College, Alibag in association Art of Living organization organized online program for students during period 31/08/2021 to 02/09/2021 through Zoom meeting app. Smt. Natasha Pratap who is Faculty of Art of Living conducted the session for three days. She taught several stress- elimination and self-development skills through breathing techniques, meditation and yoga to the participants. All the participants mostly the students who were going through adverse stressful prevailing pandemic situation actively involved in the session. The program helped to improve the mental and physical health of all the participants. N.S.S. program officers, Dr. Pravin Gaikwad, Dr. Mrs. Minal Patil, Dr. Sunil Anand, Faculty members, N.S.S. volunteers and students of J.S.M. College, Alibag were present for the program. Total 100 students and N.S.S volunteers participated in the program. Dr. Sunil Anand expressed vote of thanks of the program.


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Art Of Living Program To Support Fight Against Pandemic (31st August to 2nd September, 2021)

Participants (100)

Search

- Sunil Anand (me)
- Natasha Pratap (Host)
- Sahil S
- Aakanksha Garade
- Aashna Pathan
- Achal Dinanath Chauhan
- Aditi Sankar
- Advait Ghatpande
- Akanksha Thakur
- Anuja Mhatre

Invite

Aditya Patel

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Principals

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Art Of Living Program To Support Fight Against Pandemic (31st August to 2nd September, 2021)

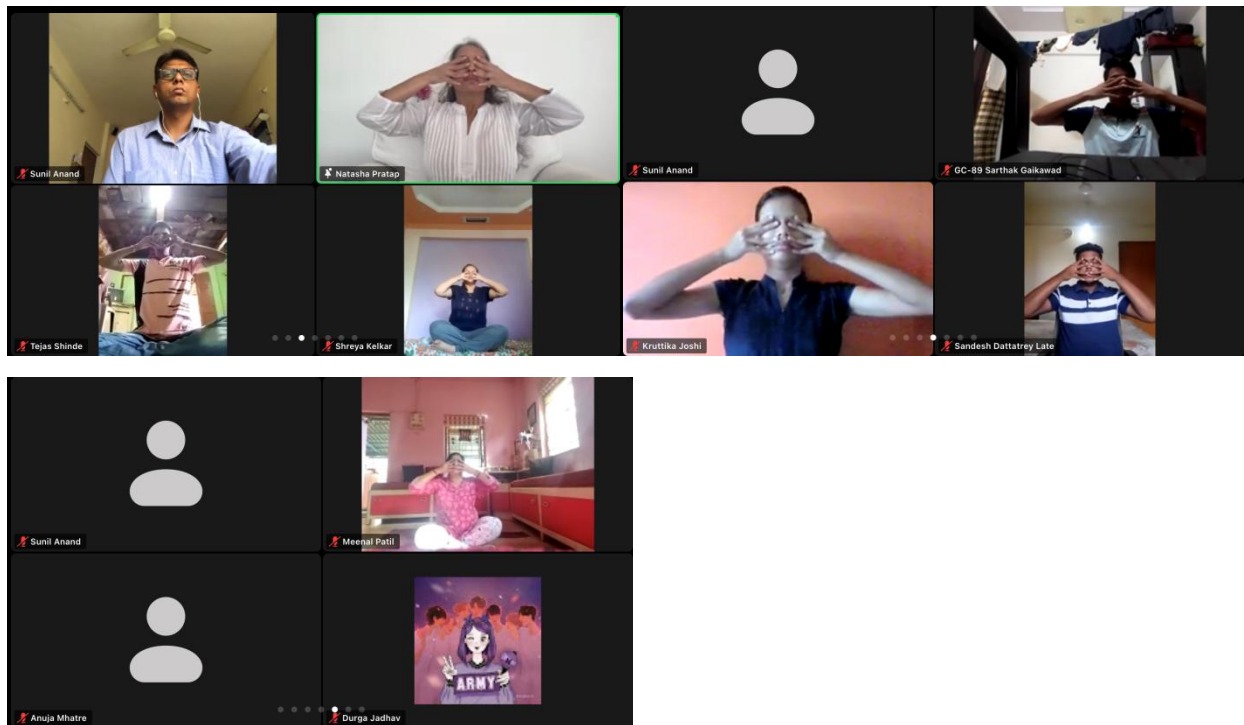



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Art Of Living Program To Support Fight Against Pandemic (31st August to 2nd September, 2021)




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स्वच्छ भारत अभियान अहवाल

जे. एस. एम. महाविद्यालयाच्या राष्ट्रीय सेवा योजना विभागामार्फत स्वच्छ भारत अभियानातर्गत महाविद्यालय परिसर स्वच्छता, अलिबाग समुद्र किनारा स्वच्छता, वरसोली समुद्र किनारा स्वच्छता, स्वच्छ भारत सर्वेक्षण असे विविध उपक्रम राबवण्यात आले. यावेळी एन. एस. एस. स्वयंसेवाकांनी सहभाग घेऊन वरील नमूद केलेल्या परिसरातील व आजूबाजूचा कचरा तसेच प्लास्टिक बॉटल, प्लास्टिक बॅग व इतर कचरा एकत्र करून त्याची योग्य पद्धतीने विल्हे वाट लावली. तसेच सर्व स्वयंसेवाकांनी व राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी डॉ. प्रविण गायकवाड, डॉ. सुनील आनंद व डॉ. सौ. मीनल पाटील यांनी इतर विद्यार्थ्यांना स्वच्छता अभियानाचे महत्त्व पटवून दिले व आपला परिसर आणि सार्वजनिक ठिकाणे येथे कचरा न फेकता ते जास्तीत स्वच्छ कसे राहतील यासाठी सर्वांनी प्रयत्न केले पाहिजेत असे सांगितले. या उपक्रमासाठी महाविद्यालयाचे एन. एस. एस. कार्यक्रम अधिकारी डॉ. प्रविण गायकवाड, डॉ. सुनील आनंद व डॉ. मीनल पाटील तसेच महाविद्यालयाचे विद्यार्थी व स्वयंसेवक उपस्थित होते. स्वच्छ भारत अभियानातर्गत केलेल्या उपक्रमाचा तपशील खालीलप्रमाणे:

अ. क्र.	कार्यक्रमाचे स्वरूप	दिनांक	साहभागी विद्यार्थी	लाभार्थी
१	महाविद्यालयपरिसर स्वच्छता	१४/०८/२०२१	१३०	१३०
२	अलिबाग समुद्र किनारा स्वच्छता	२/१०/२०२१	७८	७८
३	वरसोली समुद्र किनारा स्वच्छता	२/१/२०२२	९५	९५
४	महाविद्यालयपरिसर स्वच्छता	२५/०१/२०२२	११६	११६
५	कुलाबा किल्ला स्वच्छता	०५/०२/२०२२	६४	६४
६	स्वच्छ भारत सर्वेक्षण	२४/०३/२०२२	१८५	१८५


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VACCINATION DRIVE REPORT

Date: 2/11/2021

In the view of Covid-19 pandemic the N.S.S. unit of J.S.M. College have organized a Vaccination Drive for college students and staff at J.S.M. College, Alibag in order to keep them protected from corona virus. Covid-19 Vaccination programme was organized for the students, their parents and staff members of the J.S.M. College from 25/10/2021 to 02/11/2021 in the college campus from 10 am to 4 pm in collaboration with Civil Hospital Alibag and Joint Director of Higher Education, Pune and National Service Scheme. Around 102 students, parents and staff members including teaching and administrative members were given Covishield as vaccine first and second doses as per their vaccination schedule. Later on they were asked to follow the suggestions as per doctor's advice. The Health Minister of Maharashtra state, Mr. Rajesh Tope had announced about special inoculation drive for the students age group of 18 to 25, that the Covid-19 vaccination among the youth is the need of the hour as colleges and universities have started to open in the state from 20th Oct 2021. The Government of Maharashtra had started a week-long vaccination drive for college students in the state from 25th Oct to 2nd Nov 2021, under the campaign, 'Mission YuvaSwasthya'. The teachers and students will be inoculated as part of the drive. The college has taken online survey prior to the vaccination drive to collect data, so that the vaccination drive will be organized in appropriate way. The whole Vaccination drive organized by N.S.S. unit under the guidance of Principal Dr. Anil K. Patil. N.S.S programme officers Dr. Pravin Gaikwad, Dr. Minal Patil, Dr. Sunil Anand and N.S.S. volunteers took efforts to make this event successful.


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जे.एस.एम. महाविद्यालय, अलिबाग.

राष्ट्रीय सेवा योजना विभाग
उच्च व तंत्र शिक्षण विभाग महाराष्ट्र राज्य आयोजित

“मिशन युवा स्वास्थ्य”

अंतर्गत महाविद्यालयीन विद्यार्थ्यांसाठी
कोव्हीड - १९ लसीकरण मोहीम

दिनांक २५ ऑक्टोबर २०२१ ते ०२ नोव्हेंबर २०२१

डॉ. प्रविण गायकवाड डॉ. सौ. मिनल पाटील डॉ. सुनिल आनंद डॉ. अनिल पाटील
रा.से.यो. कार्यक्रम अधिकारी प्राचार्य

मिशन युवा स्वास्थ्य

श्री. उद्धव ठाकरे
मुख्यमंत्री, महाराष्ट्र राज्य

महाविद्यालयीन विद्यार्थ्यांसाठी
कोविड-१९ लसीकरण मोहीम

उच्च व तंत्र शिक्षण विभाग, महाराष्ट्र राज्य

२५ ऑक्टोबर ते २ नोव्हेंबर २०२१

श्री. उदय सामंत
उच्च व तंत्र शिक्षण सचिव, महाराष्ट्र राज्य



Udaya Patel

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A. Vani

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BLOOD DONATION CAMP – REPORT

Date: - 26/11/2021

A Blood Donation Camp was organized by N.S.S. Unit of J.S.M. College, Alibag in association with Ex. N.C.C. Cadets Association, Alibag on the occasion of Constitution Day on 26/11/2021 from 9:00am to 2:00 pm in College campus under the supervision of Civil Hospital's Doctor and Nurse. The camp began at 9:00 A.M with a short inaugural function by Chief Guest of the Blood Donation Camp, Captain Kumar Wani. He expressed his gratitude to the N.S.S. unit and Ex. N.C.C. unit of the College for its continuous endeavor in this regard. Principal Dr. Anil Patil encouraged all the donors by saying "Gift of Blood is Gift of Life". He appealed to all the students and volunteers for the blood donation and to help the fellow brethren. He stressed on the growing need of blood in the state and commended the young volunteers for their noble act. Dr. Pravin Gaikwad, NSS Program Officer addressed the gathering, Blood cannot be manufactured - it only comes from generous donors to save the society and mankind, we should come forward for this Noble cause. Then Dr. Dipak Gosavi and his assistants made arrangement for blood donation camp. The actual Blood donation camp started at 10: am. Total 47 students donated blood. The refreshment and Certificate was given to participants at the end of programme. The whole programme was organized by N.S.S. Programme officer Dr. Pravin Gaikwad, Dr. Sunil Anand and Dr. Minal Patil and Ex. N.C.C. Cadets under the guidance of Prin. Dr. Anil Patil. The N.S.S. volunteers and Ex. N.C.C. cadets actively participated in the blood donation camp.


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CONSTITUTION DAY 2021: REPORT

Date: - 26/11/2021

J. S. M. College, Alibag, District Raigad celebrated Constitution Day 2021 on 26th November 2021. The primary objective of the celebration is to inculcate Constitutional rights and obligations among the students and Faculty members as well. On this occasion, “Sanvidhan Yatra” was organized from Ambedkar chaurak to Collector office of Alibag city. The said rally sums up with the reading of preamble of constitution.


On the occasion of Constitution Day, a webinar on the topic “Constitutional values and fundamental principles of Indian constitution” was organized between 10:30am and 12:00 pm to cherish the glory and reaffirm our commitment to uphold the ideology of great Indian constitution.

Dr. Prem Achary, Assistant Professor in Commerce from J. S. M. College, Alibag was key speaker of webinar. He focused on the importance of Constitution Day, the significance of its celebration and commemorated the people who contributed to the development of Indian constitution. He highlighted the basic differences of Indian constitution than that of other countries with examples indicating the prerequisites of the constitution such as societal, familial and individual needs. The preamble of Indian Constitution that is India to be a sovereign, socialist, secular and democratic republic which is aiming to secure justice, liberty, equality to all citizens and promote fraternity to maintain unity and integrity of the nation were stressed in his speech as these rights are necessity and are not a privilege.

Dr. Anil Patil, Principal of the college addressed to the students, he emphasized on the significance of constitution and the salient features and importance of the Constitution of India.

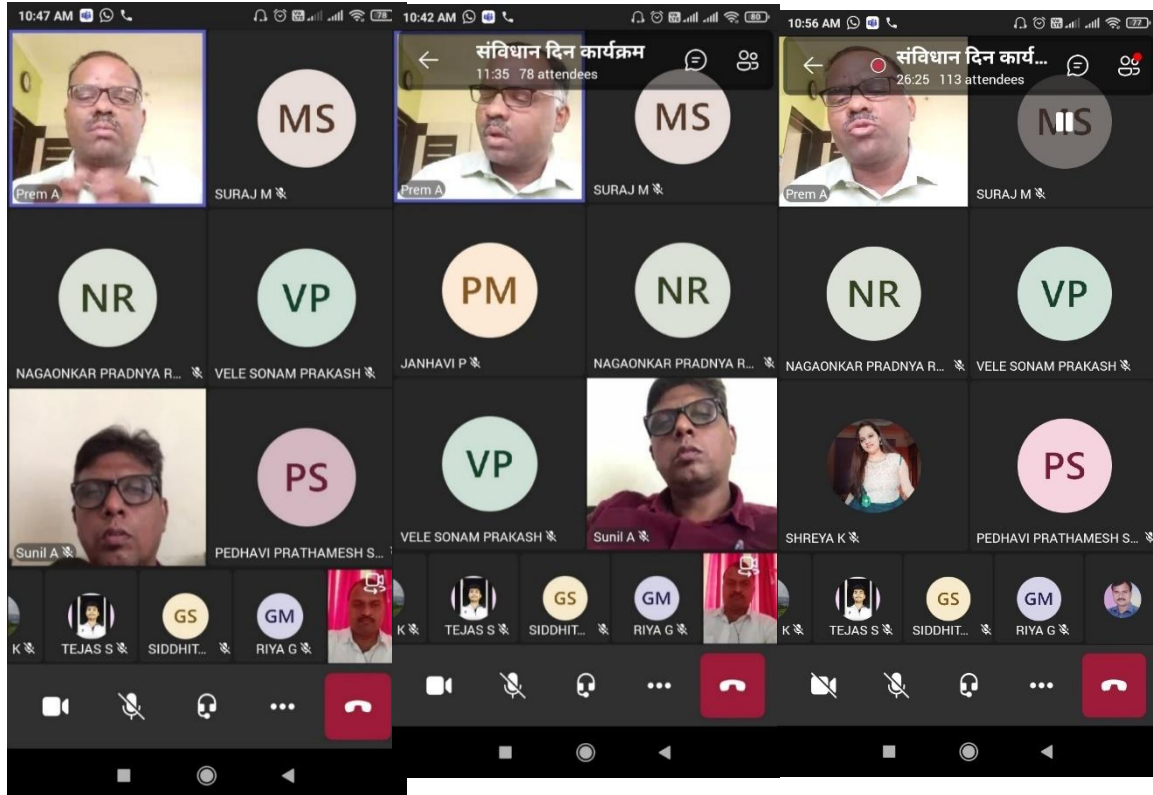
The session was conducted as a webinar through Microsoft Teams and was attended by 189 students, 18 teachers of J. S. M. College, Alibag- Raigad. The whole program was successfully organized by N.S.S. program officer Dr. Pravin Gaikwad, Dr. Minal Patil and Dr. Sunil Anand.

On the occasion of Constitution Day, the Blood Donation Camp was also organized in college campus as part of social service in collaboration with Blood Bank of Civil Hospital, Alibag. Total 42 students participated in Blood Donation Camp and donated blood. The participants have given Certificate and refreshment.


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HIV AIDS Awareness Programme Report

Date: - 03/12/2021

On the occasion of World Aids Day different programmes under AIDS awareness campaign is organized from 1st December to 31st December 2021. N.S.S Unit of J. S. M. College, Alibag and Aids Prevention and Control Department, Civil Hospital, Alibag jointly organized online programme on HIV AIDS awareness on 3rd December 2021 at 11:00 am through Microsoft Teams App. The Chief Guest of the program was Dr. Ranjeet Khandare, Medical Director, Relaince Hospital, Lodhivali and Dr. Anil Patil Chair the program. In this program Mr. Sanjay Mane, Coordinator Aids Prevention and Control Department, Civil Hospital, Alibag, Program officers Dr. Pravin Gaikwad, Dr. MinalPatil, Dr. Sunil Anand and Counselor Mr. Anil Kahndale and Mrs. ArchanaJadhav were present for this program. Total 59 Students including 43 females and 16 male students were present.

As a keynote speaker Dr. RanjitKhandare gave guidance on HIV / AIDS for the students who are online for this event. He explained what actually HIV is, what AIDS is, its various causes, symptoms, and that the disease is not contagious but is caused by having unprotected sexual intercourse with an infected person or with more than one person. He expressed that HIV is transmitted from an infected mother to her unborn baby, taking blood or blood components of a contaminated or infected person and the contagious or infected injection / needle. Symptoms of AIDS include weakness, loss of appetite, weight loss, fever every night, herpes zoster, and fungus in the mouth. Unless you have a blood test for this disease, you will not be diagnosed just by looking at your face. You can't tell if that person has the disease. Further he said if HIV test is performed on a person who comes to the hospital or voluntarily, and is found to be infected, ART treatment is started. Even if the patient is not completely HIV free, he can be cured with this drug treatment and live a normal life. If a pregnant mother is found to be infected, she can be treated with ART treatment to protect her baby from the disease after birth.


Dr. AjitArbat said that Don't discriminate against an infected person, talk to him with love, treat him properly, take care of him. He said that the disease is not caused by living together or using the same toilet, using each other's clothes, bedding, shaking hands, hugging him. Mr. Sanjay Mane said that the younger generation should take maximum care not to get infected with HIV, stay single, like Rama, avoid unprotected

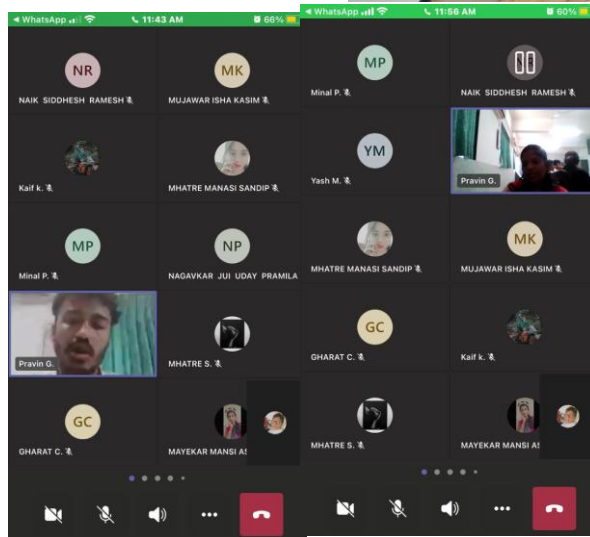
sexual intercourse as much as possible, use condoms properly and stay away from this disease. Mrs. ArchanaJadhav and Anil Khandale gave detailed information about ICTC and STD respectively and resolved the doubts of the students. At the end of the program, Dr. Anil Patil, Principal. J.S.M. College, Alibag thanked the District AIDS Prevention and Control Department, Raigad, District General Hospital, Alibag and Reliance Industries Ltd., Lodhiwali for providing scientific information and guidance for taking HIV / AIDS Prevention Oath. 59 including 43 females and 16 male students participated in this program.

The program was moderated by N.S.S. Program Officer Dr. Pravin Gaikwad, while the vote of thanks was given by Dr. Mrs.Minal Patil.


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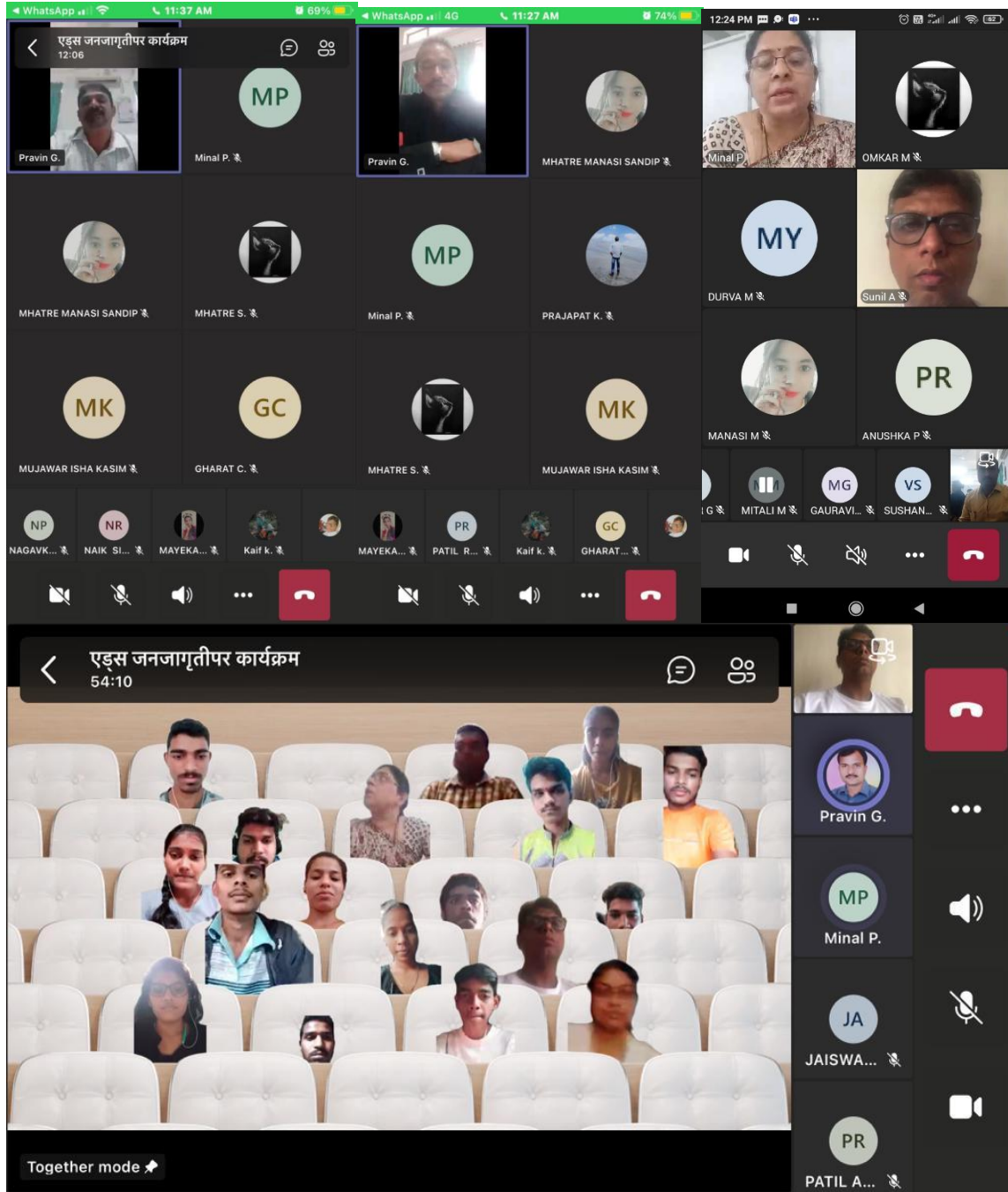

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SURYANAMASKAR ACTIVITY REPORT


J. S. M. College, Alibag National Service Scheme and Bharat Swabhiman Trust, Raigad organized Suryanamaskar Activity on 12th January 2022 on the occasion of RajmataJijauJayanti and Swami Vivekananda Jayanti at 8:30 am through Microsoft Teams app.

The National Yogasan Sports Federation (NYSF) and four other organizations have decided to conduct 750 million or 75 crore Suryanamaskar in 30 states on the occasion of the 75th anniversary of Indian Independence Day, that is AmrutMohatsav Year. Our college has participated in this initiative, the college has been registered on the website www.75suryanamaskar.com and total 1933 students and 31 teachers of the college have participated in it. Under this initiative, from 12/01/2022 to 7/02/2022, for the next 21 days each participant should done 13 Suryanamaskarat early morning in their home for healthy life and physical fitness.

As a part of this initiative, on the occasion of Swami Vivekananda Jayanti and RajmataJijauJayanti, the inaugural program of 75 crore Suryanamaskar organized on 12th January 2022 at 8:30 am through Microsoft Teams App. In introduction Dr. Anil Patil, the principal of the college explained the purpose of the program and appealed to all to do Suryanamaskar every day for a healthy life. After that Mr. Dilip Gate, in charge of Bharat Swabhiman Trust, Raigad Division gave guidance to the participants. He explained the benefits of Suryanamaskar and how to do Suryanamaskar properly. He also illustrated the importance of doing pranayama. He then demonstrated the Suryanamaskar performance. Adv. Gautam Patil, Chairman of Janata Shikshan Mandal gave best wishes for the program.

The program was anchored by Dr. Pravin Gaikwad and Dr. Ishwardas Kokane expressed vote of thanks. For this program Shri Deepak Gate, in charge of Yuva Bharat, Raigad, Dr. Mohsin Khan, Dr. Prem Acharya, Dr. Meenal Patil, Dr. Sunil Anand, Shri B. R. Gurav and other professors, teachers, and a total 111 students and volunteers were present.

The event was successfully organized by National Service Scheme, National Cadets Corps, Cultural Department and Senior and Junior Gymkhana Department.


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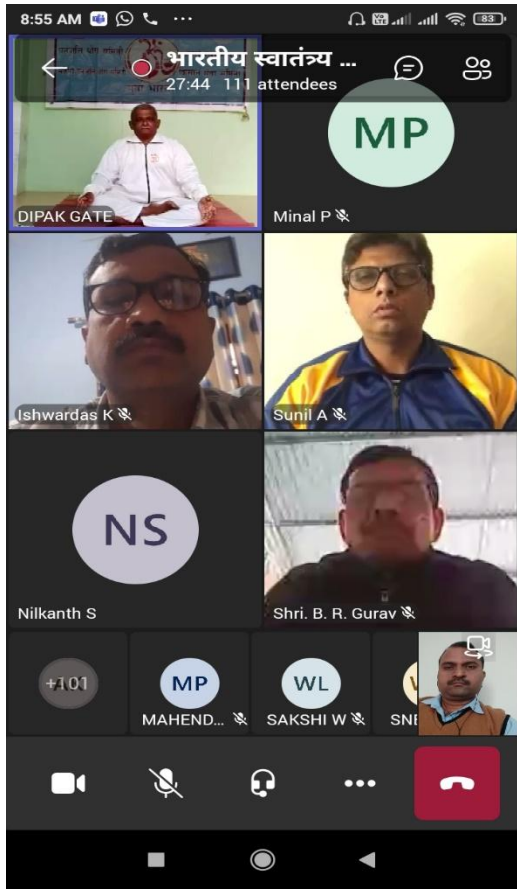


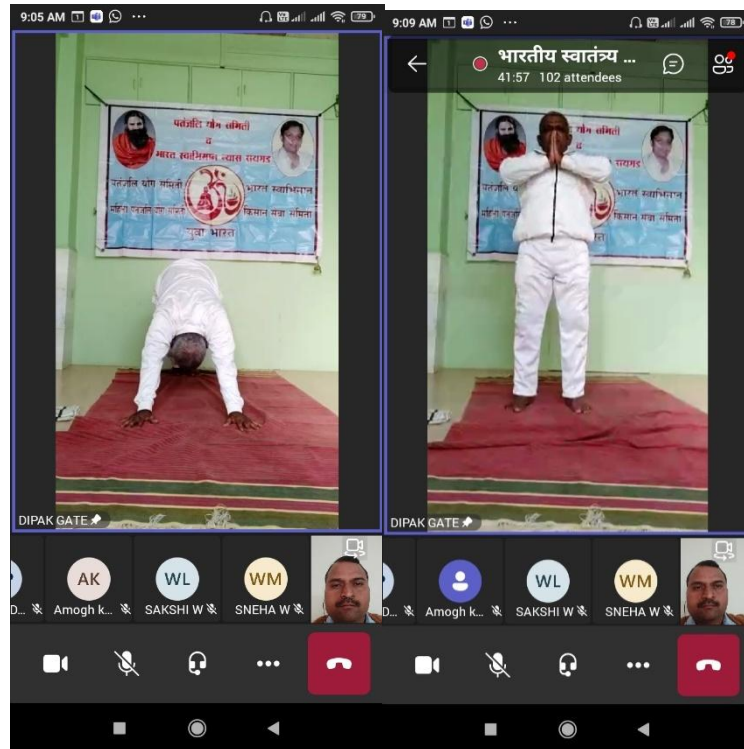
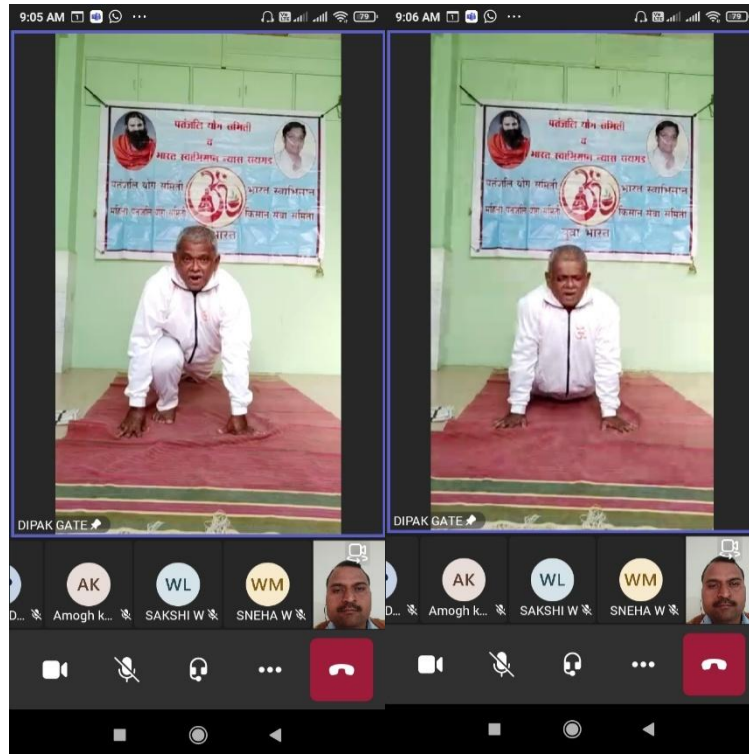

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NATIONAL VOTER DAY PROGRAMME REPORT

25/01/2022


Raigad District Election Office, Raigad and J. S. M. College, Alibag, National Service Scheme (N.S.S) jointly celebrated 12th National Voters Day on 25th January 2022 at PNP Natyagruha, Alibag –Raigad. On this occasion J. S. M. College Election Literacy Club, National Service Scheme Department, felicitated and special honor was conferred by District Collector Dr. Mahendra Kalyankar for successfully carried out voter awareness campaign and did remarkable work in Raigad district. Prof. Sunil Thokale, Head of the election literacy club of J. S. M. College, Alibag was felicitated by giving a memento and a bouquet. Dr. Mahendra Kalyankar, Principal Dr. Anil Patil, Cine Actress Prarthana Behre, Upper Collector Hon. Shri Amol Yadav, Deputy Collector Hon. Sneha Ubale, Prantadhikari Dhage Saheb, Tehsildar Hon. Mrs.Meenal Dalvi, Nodal Officer Dr. Sunil Thokale, N. S. S. Program Officer Dr.Pravin Gaikwad, Dr. Mrs. Meenal Patil, Dr. Sunil Anand, Dr. Prem Acharya as well as the college students and volunteers were present for this programme.

Hon. Collector Dr. Mahendra Kalyankar and Principal Dr. Anil Patil inaugurated the program. After that, the students who have achieved success in various competitions organized for voter awareness and those who have done remarkable work in the voter awareness campaign were honored and felicitated by the dignitaries. Cine actress Prarthana Behre read out the National Voters' Day pledge. The introduction of the program was given by Prantadhikari Dhage Saheb, he explained the importance of National Voters' Day. After that, Principal Dr. Anil Patil expressed his views in which he said that the role of voters is important for a strong democracy. At the end of speech, he appealed to every citizen to exercise their right to vote. Hon. Collector Dr. Mahendra Kalyankar informed about the Voter Awareness Campaign. and congratulated to J.S.M

College Alibag and other organizations for their remarkable work in the election campaign. The program was moderated by Mr. Rakesh Sawant and the vote of thanks was given by Tehsildar Hon. Meenal Dalvi.


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MEDITATION WORKSHOP REPORT

National Service Scheme (N.S.S. Unit) and IQAC Student Support and Progress Committee of J. S. M. College, Alibag jointly organized one-day workshop on Meditation (Dhyana Vipassana) on Thursday 16th March 2022 at the Late Jayawantrao Keluskar Hall of the Adv. Datta Patil Law College. On this occasion, Mr. Dnyandev Bansode who is working as Vipassana Assistant Acharya at Vipassana World University, Igatpuri, was the chief guest. The convener of this workshop was Dr. I.P. Konkane made an introduction and introduced the keynote speaker. The chief guest of the program Mr. Dnyandev Bansode in his key note address explained the importance of meditation, and said that meditation is the art of looking neutrally at one's own natural and pure breath. Through meditation we can effectively concentrate our mind on our goal as well as our daily work, but it is not enough to concentrate the mind, it is also necessary to direct the mind towards skilled karma. He also said that meditation (Dhyana Vipassana) is necessary to remove the unskilled attitude and turn the mind towards the skilled attitude. He also demonstrated how to do meditation (Dhyana Vipassana) in proper manner.

President of Janata Shikshan Mandal Adv. Dr. Gautam Patil gave his best wishes to this workshop. The workshop was successfully organized under the guidance of Principal Dr. Anil Patil. To make this workshop a success, the head of IQAC's Student Support and Progress Committee, Dr. I. P. Konkane, N.S.S. Program Officer Dr. Pravin Gaikwad, Dr. Meenal Patil, Dr. Sunil Anand, Advisor to the Committee Pvt. K. B. Chowgule, Dr. Prem Acharya, Pvt. K. M. Kulkarni worked hard. The workshop was attended by a large number of college students, teachers and professors. Dr. Acharya thanked the audience.



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CLEANLINESS DRIVE REPORT
(SWACCHA BHARAT ABHIYAN)

National Service Scheme (N.S.S. Unit) of J. S. M. College, Alibag conducted activities under the Swachh Bharat Abhiyan as per guidelines of government of Maharashtra. The various activities such as college campus cleaning, Alibag beach cleaning, Varsoli beach cleaning, Swachh Bharat survey were conducted by N.S.S. unit during the academic year 2021-22. At this time N. S. S. Volunteers participated and disposed of the above mentioned area and surrounding garbage as well as plastic bottles, plastic bags and other garbage in a proper manner. N.S.S. Program Officer Dr. Pravin Gaikwad, Dr. Sunil Anand and Dr. Mrs.Meenal Patil explained the importance of cleanliness campaign and said that everyone should try to keep their premises and public places clean as much as possible without throwing garbage. The details of activities conducted under Swachha Bharat Abhiyan given as follows:

Sr. No.	Particulars of Activity	Date	No. of Students	No. of Beneficiaries
१	Campus Cleaning	14/08/2021	130	130
२	Alibag Beach Cleaning	02/10/2021	78	78
३	Varsoli Beach Cleaning	02/01/2022	95	95
४	College Campus Cleaning	25/01/2022	116	116
५	Kulaba Fort Cleaning	05/02/2022	64	64
६	Swaccha Bharat Survey	24/03/2022	185	185


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Meri Vasundhara

